Bainbridge Island School District

Highlights from the Healthy Youth Survey
(March 1, 2017)
Student Participation
Bainbridge Island School District

- 283 (93%) of Grade 6 students
- 281 (86%) of Grade 8 students
- 171 (50%) of Grade 10 students
- 145 (42%) of Grade 12 students
Current Cigarette Smoking
Percent of students who report smoking cigarettes in the past 30 days

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Current E-Cigarette Smoking or Vaping
Percent of students who report using an electronic cigarette, e-cig or vape pen in the past 30 days

Bainbridge Island School District
Source: 2016 Healthy Youth Survey

Only 2 schools, one with <15 valid surveys

Bainbridge Island School District
Source: 2016 Healthy Youth Survey
Type of Substance Used in E-Cigarette or Vaped in Past 30 Days
Percentages are of students who used e-cigarettes in the past 30 days

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Lifetime Alcohol Use
Percent of students who report having ever drunk more than a sip of alcohol

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Current Alcohol Use
Percent of students who report having drunk a glass, can or bottle of alcohol in the past 30 days

Bainbridge Island School District
Source: 2016 Healthy Youth Survey

- Grade 6: 5%
- Grade 8: 8%
- Grade 10: 17%
- Grade 12: 34%

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Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Current Binge Drinking
Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks

Bainbridge Island School District - Source: 2016 Healthy Youth Survey
Levels of Alcohol Use

- **No drinking:** (no drinking in the past 30 days)
- **Experimental drinking:** (1-2 days drinking in the past 30 days, no binge drinking)
- **Problem drinking:** (3-5 days drinking in the past 30 days and/or 1 time binge drinking)
- **Heavy drinking:** (6+ days drinking in the past 30 days and/or 2+ binge drinking)

<table>
<thead>
<tr>
<th>Grade 6</th>
<th>Grade 8</th>
<th>Grade 10</th>
<th>Grade 12</th>
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</thead>
<tbody>
<tr>
<td>95%</td>
<td>91%</td>
<td>82%</td>
<td>64%</td>
</tr>
<tr>
<td>10%</td>
<td>9%</td>
<td>13%</td>
<td>13%</td>
</tr>
<tr>
<td>7%</td>
<td>7%</td>
<td>6%</td>
<td>10%</td>
</tr>
<tr>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>12%</td>
</tr>
</tbody>
</table>

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Source: 2016 Healthy Youth Survey
Lifetime Marijuana Use
Percent of students who report having ever used marijuana

![Chart showing lifetime marijuana use by grade in Bainbridge Island School District compared to statewide data.](chart-image)

- **Grade 6**: 5% (Your Students), 10% (Statewide)
- **Grade 8**: 10% (Your Students), 28% (Statewide)
- **Grade 10**: 18% (Your Students), 28% (Statewide)
- **Grade 12**: 38% (Your Students), 45% (Statewide)

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Source: 2016 Healthy Youth Survey
Current Marijuana Use
Percent of students who report using marijuana in the past 30 days

Bainbridge Island School District
Source: 2016 Healthy Youth Survey
Current Illegal Drug Use
Percent of students who report using illegal drugs in the past 30 days (not including alcohol, tobacco or marijuana)

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Current Prescription Drug Use
Percent of students who report using prescription drugs not prescribed to them in the past 30 days

Bainbridge Island School District - Source: 2016 Healthy Youth Survey
Substance Use at School
Percent of students who report being drunk or high at school in the past year

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Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Alcohol Use on School Property
Percent of students who report having at least one drink of alcohol on school property in the past 30 days

Bainbridge Island School District - Source: 2016 Healthy Youth Survey

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<table>
<thead>
<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>3%</td>
<td></td>
</tr>
<tr>
<td>Grade 8</td>
<td>4%</td>
<td></td>
</tr>
<tr>
<td>Grade 10</td>
<td>5%</td>
<td>6%</td>
</tr>
<tr>
<td>Grade 12</td>
<td>9%</td>
<td>8%</td>
</tr>
</tbody>
</table>
Marijuana Use on School Property

Percent of students who report using marijuana on school property in the past 30 days

Bainbridge Island School District
Source: 2016 Healthy Youth Survey

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Grade 6: 2%
Grade 8: 4%
Grade 10: 0%
Grade 12: 4%

Bainbridge Island School District
Source: 2016 Healthy Youth Survey
E-Cigarette Use on School Property
Percent of students who report using an electronic cigarette on school property in the past 30 days

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Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Enjoyment of School
Percent of students who report "often" or "almost always" enjoying being at school in the past year

Bainbridge Island School District - Source: 2016 Healthy Youth Survey
Skipping School

Percent of students who report skipping 1 or more whole days of school in the past 4 weeks

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Bullying
Percent of students who report being bullied in the past 30 days

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey

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<table>
<thead>
<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>15%</td>
<td></td>
</tr>
<tr>
<td>Grade 8</td>
<td>27%</td>
<td></td>
</tr>
<tr>
<td>Grade 10</td>
<td>16%</td>
<td>21%</td>
</tr>
<tr>
<td>Grade 12</td>
<td>12%</td>
<td>17%</td>
</tr>
</tbody>
</table>
School Tries to Stop Bullying

Percent of students who report teachers or other adults at school “almost always” or “often” try to stop bullying

Bainbridge Island School District - Source: 2016 Healthy Youth Survey

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Students Know How to Report Bullying
Percent of students who report they know how to report bullying at school

Bainbridge Island School District
Source: 2016 Healthy Youth Survey
Feeling Safe at School
Percent of students who report that they feel safe at school

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey

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<thead>
<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>95%</td>
<td>84%</td>
</tr>
<tr>
<td>Grade 8</td>
<td>89%</td>
<td>83%</td>
</tr>
<tr>
<td>Grade 10</td>
<td>96%</td>
<td>85%</td>
</tr>
</tbody>
</table>

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Weapon Carrying at School

Percent of students who report carrying a weapon on school property in the past 30 days

- Bainbridge Island School District
- Source: 2016 Healthy Youth Survey

<table>
<thead>
<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>3%</td>
<td></td>
</tr>
<tr>
<td>Grade 8</td>
<td>4%</td>
<td></td>
</tr>
<tr>
<td>Grade 10</td>
<td>3%</td>
<td>6%</td>
</tr>
<tr>
<td>Grade 12</td>
<td>6%</td>
<td>8%</td>
</tr>
</tbody>
</table>

Only 2 schools, one with <15 valid surveys
Opportunities for School Involvement

Percent of students who report that they have lots of chances for involvement in school activities

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Physical Fighting

Percent of students who report being in a physical fight in the past year

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey

- Grade 6: Only 2 schools, one with <15 valid surveys
  - Your Students: 17%
  - Statewide: 27%
- Grade 8: 12%
  - Statewide: 21%
- Grade 10: 6%
  - Statewide: 16%
Social Emotional Skills

Percent of students who know how to handle disagreements, solve problems, consider effects of decisions, and be empathetic

<table>
<thead>
<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>78%</td>
<td>69%</td>
</tr>
<tr>
<td>Grade 8</td>
<td>76%</td>
<td>72%</td>
</tr>
<tr>
<td>Grade 10</td>
<td>72%</td>
<td>89%</td>
</tr>
<tr>
<td>Grade 12</td>
<td>89%</td>
<td>75%</td>
</tr>
</tbody>
</table>

Bainbridge Island School District - Source: 2016 Healthy Youth Survey

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Gang Membership
Percent of students who report being members of a gang in the past year

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Walking/Biking To or From School
Percent of students who report walking or riding a bicycle to or from school during an average week

Bainbridge Island School District
Source: 2016 Healthy Youth Survey
Eating Breakfast
Percent of students who report eating breakfast today

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Sleep on a School Night
Percent of students who report sleeping less than 8 hours on an average school night

<table>
<thead>
<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>37%</td>
<td></td>
</tr>
<tr>
<td>Grade 8</td>
<td>50%</td>
<td></td>
</tr>
<tr>
<td>Grade 10</td>
<td>54%</td>
<td>71%</td>
</tr>
<tr>
<td>Grade 12</td>
<td>69%</td>
<td>80%</td>
</tr>
</tbody>
</table>

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Source: 2016 Healthy Youth Survey
Riding with a Drinking Driver

Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol

Only 2 schools, one with <15 valid surveys

Grade 6: 9%
Grade 8: 15%
Grade 10: 11%
Grade 12: 8%

32
Riding With a Texting Driver
Percent of students who report having ridden in the past 30 days with a driver who was texting or emailing

Bainbridge Island School District - Source: 2016 Healthy Youth Survey
Riding With a Recent Marijuana User
Percent of students who report having ridden in the past 30 days with a driver who had been using marijuana

- Bainbridge Island School District
  - Source: 2016 Healthy Youth Survey

<table>
<thead>
<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>5%</td>
<td></td>
</tr>
<tr>
<td>Grade 8</td>
<td>11%</td>
<td></td>
</tr>
<tr>
<td>Grade 10</td>
<td>11%</td>
<td>18%</td>
</tr>
<tr>
<td>Grade 12</td>
<td>15%</td>
<td>25%</td>
</tr>
</tbody>
</table>

Only 2 schools, one with <15 valid surveys

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Excessive Sugar Sweetened Beverages Consumption
Percent of students who report drinking sugar sweetened beverages 2 or more times a day

Only 2 schools, one with <15 valid surveys

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Excessive Television/Video Game Use
Percent of students who report 3 or more hours watching television, playing video games or using the computer for fun on an average school day

<table>
<thead>
<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
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</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>43%</td>
<td>56%</td>
</tr>
<tr>
<td>Grade 8</td>
<td>51%</td>
<td>57%</td>
</tr>
<tr>
<td>Grade 10</td>
<td>44%</td>
<td>55%</td>
</tr>
<tr>
<td>Grade 12</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Only 2 schools, one with <15 valid surveys

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey

36
60 Minutes of Physical Activity per Day
Percent of students who report being physically active
60 minutes per day, 7 days a week

Bainbridge Island School District
Source: 2016 Healthy Youth Survey

- Grade 6: 30%
- Grade 8: 30%
- Grade 10: 18%, 24%
- Grade 12: 19%, 21%

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Obesity
Percent of students who are obese (according to reported height and weight)

Bainbridge Island School District - Source: 2016 Healthy Youth Survey
Current Asthma
Percent of students who currently have asthma

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Grade 6: 9%
Grade 8: 8%
Grade 10: 11%
Grade 12: 10%

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Lifetime Sexual Activity

Percent of students who report ever having sexual intercourse in their lifetime

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Sexual Orientation

Bainbridge Island School District
Source: 2016 Healthy Youth Survey

Your Students
- Heterosexual
- Gay or Lesbian
- Bisexual
- Not sure

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Grade 6: 80% Heterosexual, 12% Gay or Lesbian, 6% Bisexual, 9% Not sure
Grade 8: 82% Heterosexual, 7% Gay or Lesbian, 9% Bisexual, 6% Not sure
Grade 10: 72% Heterosexual, 11% Gay or Lesbian, 14% Bisexual, 9% Not sure
Grade 12: 83% Heterosexual, 9% Gay or Lesbian, 9% Bisexual, 6% Not sure
Lifetime Sexual Abuse

Percent of students who report having ever been in a situation where someone made them engage in kissing, sexual touch or sexual intercourse when they did not want to.

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year

- Bainbridge Island School District

Source: 2016 Healthy Youth Survey

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<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>86%</td>
<td></td>
</tr>
<tr>
<td>Grade 8</td>
<td>76%</td>
<td>80%</td>
</tr>
<tr>
<td>Grade 10</td>
<td>88%</td>
<td>90%</td>
</tr>
<tr>
<td>Grade 12</td>
<td>90%</td>
<td>78%</td>
</tr>
</tbody>
</table>

Only 2 schools, one with <15 valid surveys
Depression

Percent of students who report experiencing depressive feelings in the past year

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Contemplation of Suicide
Percent of students who report having seriously considered suicide in the past year

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Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Someone in Community to Talk To
Percent of students who report having an adult in their neighborhood or community they can talk to about something important

Bainbridge Island School District
Source: 2016 Healthy Youth Survey
Perception of Neighborhood Norms - Alcohol

Percent of students who report that adults in their neighborhood think youth drinking is "very wrong"

<table>
<thead>
<tr>
<th>Grade 6</th>
<th>Grade 8</th>
<th>Grade 10</th>
<th>Grade 12</th>
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</thead>
<tbody>
<tr>
<td>71%</td>
<td>60%</td>
<td>41%</td>
<td>21%</td>
</tr>
</tbody>
</table>

Only 2 schools, one with <15 valid surveys

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Perception of Neighborhood Norms - Smoking

Percent of students who report that adults in their neighborhood think youth smoking is "very wrong"

<table>
<thead>
<tr>
<th>Grade 6</th>
<th>Grade 8</th>
<th>Grade 10</th>
<th>Grade 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>84%</td>
<td>68%</td>
<td>67%</td>
<td>51%</td>
</tr>
</tbody>
</table>

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey

Only 2 schools, one with <15 valid surveys
Perception of Neighborhood Norms - Marijuana

Percent of students who report that adults in their neighborhood think youth marijuana use is "very wrong"

- Bainbridge Island School District
  - Source: 2016 Healthy Youth Survey

Only 2 schools, one with <15 valid surveys

<table>
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<th>Your Students</th>
<th>Statewide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>76%</td>
<td>64%</td>
</tr>
<tr>
<td>Grade 8</td>
<td>39%</td>
<td>44%</td>
</tr>
<tr>
<td>Grade 10</td>
<td>21%</td>
<td>30%</td>
</tr>
</tbody>
</table>

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Perceived Availability of Alcohol
Percent of students who report alcohol would be "very hard" to get

Bainbridge Island School District
Source: 2016 Healthy Youth Survey

Only 2 schools, one with <15 valid surveys

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Perceived Availability of Cigarettes
Percent of students who report cigarettes would be "very hard" to get

Only 2 schools, one with <15 valid surveys
Perceived Availability of Marijuana

Percent of students who report marijuana would be "very hard" to get

Bainbridge Island School District
- Source: 2016 Healthy Youth Survey
Perceived Risk of Regular Alcohol Use

Percent of students who report "great risk" of harm from drinking alcohol daily

Bainbridge Island School District - Source: 2016 Healthy Youth Survey

<table>
<thead>
<tr>
<th>Grade</th>
<th>Your Students</th>
<th>Statewide</th>
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</thead>
<tbody>
<tr>
<td>Grade 6</td>
<td>45%</td>
<td></td>
</tr>
<tr>
<td>Grade 8</td>
<td>40%</td>
<td>43%</td>
</tr>
<tr>
<td>Grade 10</td>
<td>61%</td>
<td>43%</td>
</tr>
<tr>
<td>Grade 12</td>
<td>48%</td>
<td>38%</td>
</tr>
</tbody>
</table>

Only 2 schools, one with <15 valid surveys
Perceived Risk of Regular Cigarette Smoking
Percent of students who report "great risk" of harm from smoking a pack or more a day

Bainbridge Island School District
Source: 2016 Healthy Youth Survey
Perceived Risk of Regular Marijuana Use

Percent of students who report "great risk" of harm from using marijuana at least once or twice a week

Bainbridge Island School District
Source: 2016 Healthy Youth Survey

Bar chart showing the perceived risk of regular marijuana use by grade level:
- **Grade 6**: 64%
- **Grade 8**: 48%
- **Grade 10**: 38%
- **Grade 12**: 22%

Note: Only 2 schools, one with <15 valid surveys
Perceived Risk of E-Cigarette Smoking or Vaping
Percent of students who report "great risk" of harm from using e-cigarette or vape pen regularly (almost daily)

Bainbridge Island School District
Source: 2016 Healthy Youth Survey