



# Wilkes Elementary

2018

*Thursday, Nov 1st*

- 1) Chicken Nuggets  
or
  - 2) Vegan Nuggets
- Fresh Melon, Roll  
Cheddar Mashed Potatoes

Yogurt or Hummus Lunch

*Friday, Nov 2nd*

- 1) Pepperoni Pizza  
or
  - 2) Cheese Pizza
- Banana  
Caesar Salad on Salad Bar

Yogurt or Hummus Lunch

*Monday, Nov 5th*  
**Early Release Day**

- 1) Corn Dog  
or
- 2) Veggie Wrap

*Lettuces with Wild Blueberry  
Dressing, D'Anjou Pears*

Yogurt or Hummus Lunch

*Tuesday, Nov 6th*

- 1) Chicken & Bean  
Burrito (no cheese)
- 2) Bean & Cheese  
Burrito

Pineapple  
Refried Beans

Yogurt or Hummus Lunch

*Wednesday, Nov 7th*

- 1) Hamburger/  
Cheeseburger  
or
- 2) Black Bean Burger

Rosemary Roasted Potatoes  
Orange Wedges

Yogurt or Hummus Lunch

*Thursday, Nov 8th*

- 1) Pasta wMeat Sauce  
or
- 2) Pasta wVeg Sauce

Golden Corn  
Garlic Toast

Yogurt or Hummus Lunch

*Friday, Nov 9th*

**Brunch 4 Lunch**

- 1) French Toast  
and Sausage!

Fruit Cup, Edamame

Yogurt or Hummus Lunch

*Monday, Nov 12th*

**Veterans Day  
Honored**

No School  
Celebrating  
the service of all  
U.S. Military  
Veterans

*Tuesday, Nov 13th*

- 1) Crispy Baked  
Chicken Drumstick
- 2) Cheese Quesadilla

Red Grapes / Rice  
Farmer Karen's Organic Squash

Yogurt or Hummus Lunch

*Wednesday, Nov 14th*

- 1) "Beefy" Nachos  
or
- 2) Cheesy Nachos

Orange Wedges  
Refried Beans

Yogurt or Hummus Lunch

*Thursday, Nov 15th*

**Thankful Lunch  
Day**

**Principal Pratt  
is carving the  
Turkey!**

**Turkey Gravy**

Mashed Potatoes  
Golden Corn / Roll  
Cranberry Sauce

**Homemade  
Pumpkin Cookie**

Yogurt or Hummus Lunch

*Friday, Nov 16th*

- 1) Pepperoni Pizza  
or
- 2) Cheese Pizza

Banana  
Caesar Salad on Salad Bar

Yogurt or Hummus Lunch

*Monday, Nov 19th*  
**Early Release Day**

- 1) Chicken Tenders  
or
- 2) Vegan Nuggets

Roasted Potatoes, Green Peas

Yogurt or Hummus Lunch

*Tuesday, Nov 20th*

**Brunch 4 Lunch**

- 1) Pancakes, Eggs  
and Crisp Bacon!

Fruit Cup, Edamame

Yogurt or Hummus Lunch

*Wednesday, Nov 21st*

- 1) Popcorn Chicken  
w/Orange Glaze or
- 2) Baked Tofu  
w/Orange Teriyaki Glaze

Rice / Fresh Melon

Yogurt or Hummus Lunch

*Thursday, Nov 22nd*

**Thanksgiving Break  
No School**

*Friday, Nov 23rd*

**Thanksgiving  
Break**

**No  
School**

*Monday, Nov 26th*  
**Early Release Day**

- 1) Hamburger/  
Cheeseburger or
- 2) Black Bean Burger

Rosemary Roasted Potatoes,  
Peaches

Yogurt or Hummus Lunch

*Tuesday, Nov 27th*

- 1) Shirley's  
Macaroni & Cheese with  
Crispy Baked Chicken  
Drumstick

Red Grapes  
Yogurt or Hummus Lunch

Ice Cream with  
each Lunch today!

*Wednesday, Nov 28th*

- 1) Corn Dog or
- 2) Bean & Cheese  
Burrito

Farmer Karen's Organic Squash  
Black Bean Salsa,  
Orange Wedges

Yogurt or Hummus Lunch

*Thursday, Nov 29th*

- 1) Teriyaki Chicken  
or
- 2) Teriyaki Tofu

Green Peas  
Sushi Style Rice + Veggies

Yogurt or Hummus Lunch

*Friday, Nov 30th*

**Brunch 4 Lunch**

- 1) Waffles  
And Sausage!

Fruit Cup, Edamame

Yogurt or Hummus Lunch

**Each \$3.25 lunch meal includes Entrée, Whole Grains, Milk and a trip through our Fresh Fruit and Vegetable bar.**

this institution is an equal opportunity provider