

Commodore ELEMENTARY

May 2019

this institution is an equal opportunity provider

Wednesday, May 1st

**1) Nachos
Build your Favorite!
Meat, Cheese, Beans**

Cherry Tomatoes
Shredded Lettuce, Refried Beans
Red Grapes
Yogurt or Hummus Lunch

Wednesday, May 2nd

**1) Chicken Burger
or
2) Grilled Cheese**

Orange Wedges
Fresh Roasted Asparagus
Yogurt or Hummus Lunch

Friday, May 3rd

**1) Pepperoni Pizza
or
2) Cheese Pizza**

Banana
Caesar Salad on Salad Bar
Yogurt or Hummus Lunch

*Monday, May 6th
Early Release Day*

**1) Hot Dog
3 Sister's Natural Beef
2) Black Bean Burger**

Baked Beans
Roasted Red Potatoes
Yogurt or Hummus Lunch

Tuesday, May 7th

**1) Crispy Baked
Chicken Drumstick
2) Cheese Quesadilla**

Orange Wedges
Corn, Rice
Yogurt or Hummus Lunch

Wednesday, May 8th

**1) Chicken Nuggets
or
2) Vegan Nuggets**

Fresh Grapes, Roll
Cheddar Mashed Potatoes
Yogurt or Hummus Lunch

Thursday, May 9th

**1) Beef Teriyaki
Nuggets or
2) Bean Burrito**

Pears
Rice, Green Peas
Yogurt or Hummus Lunch

Friday, May 10th

**Brunch 4 Lunch
1) Waffles
and
Sausage!**

Fruit Cup, Edamame
Yogurt or Hummus Lunch

*Monday, May 13th
Early Release Day*

**1) Hamburger /
Cheeseburger or
2) Black Bean Burger**

Peaches, Corn
Yogurt or Hummus Lunch

Tuesday, May 14th



1) Pepperoni 2) Cheese

Yogurt or Hummus Lunch

Wednesday, May 15th

**1) Nachos
Build your Favorite!
Meat, Cheese, Beans**

Cherry Tomatoes
Shredded Lettuce, Refried Beans
Red Grapes
Yogurt or Hummus Lunch

Thursday, May 16th

**1) Pasta with
Meat Sauce or
2) Pasta with
Marinara Sauce**

Caesar Salad, Garlic Toast
Yogurt or Hummus Lunch

Friday, May 17th

**1) Pepperoni Pizza
or
2) Cheese Pizza**

Banana
Spinach Salad on Salad Bar
Yogurt or Hummus Lunch

*Monday, May 20th
Early Release Day*

**1) Chicken Nuggets
2) Vegan Nuggets**

Fresh Strawberries, Roll
Cheddar Mashed Potatoes
Yogurt or Hummus Lunch

Tuesday, May 21st

**1) Hamburger/
Cheeseburger
or
2) Vegan Burger**

Pears, Roasted Red Potatoes
Yogurt or Hummus Lunch

Wednesday, May 22nd

**1) Grilled Cheese
Sandwich**

Pickle
Red Grapes
Big Carrots
Yogurt or Hummus Lunch

Thursday, May 23rd

**1) Crispy Baked
Chicken Drumstick
2) Caesar Salad**

Garlic Toast, Peaches,
Yogurt or Hummus Lunch
Ice Cream w/Lunch!

Friday, May 24th

**Brunch 4 Lunch
1) French Toast
Crisp Bacon & Eggs!**

Fruit Cup, Edamame
Yogurt or Hummus Lunch

*Monday, May 27th
No School*



Tuesday, May 28th

**1) Corn Dog
or
2) Bean Burrito**

Orange Wedges
Green Peas
Yogurt or Hummus Lunch

Wednesday, May 29th

**1) Popcorn Chicken
w/Orange Glaze or
2) Baked Tofu
w/Orange Teriyaki Glaze**

Rice, Arugula with Oranges
Yogurt or Hummus Lunch

Thursday, May 30th

**1) Chicken Burger
or 2) Grilled Cheese**

Roasted Red Potatoes
Corn, Caesar Salad
Yogurt or Hummus Lunch

Friday, May 31st

**1) Pepperoni Pizza
or
2) Cheese Pizza**

Banana
Caesar Salad on Salad Bar
Yogurt or Hummus Lunch