

# Wilkes Elementary February 2019

This institution is an equal opportunity provider

Friday, Feb 1st

K-6 Conferences  
No School Today for K-6



**Monday, Feb 4th  
Early Release Day**

- 1) Chicken Nuggets
  - 2) Vegan Nuggets
- Fresh Grapes, Rice  
Roasted Carrots

Yogurt or Hummus Lunch

**Tuesday, Feb 5th**

- 1) Grilled Cheese  
with Tomato Soup
- Orange Wedges  
Tortilla Chips

Yogurt or Hummus Lunch

**Wednesday, Feb 6th**

- 1) Chicken Burger  
or
  - 2) Vegan Burger
- Pears  
Roasted Red Potatoes

Yogurt or Hummus Lunch

**Thursday, Feb 7th**

- 1) Teriyaki Chicken  
or
  - 2) Teriyaki Tofu
- Sushi Style Rice + Veggies  
+ Nori for Temaki!

Yogurt or Hummus Lunch

**Friday, Feb 8th**

- 1) Pepperoni Pizza  
or
  - 2) Cheese Pizza
- Banana  
Caesar Salad on Salad Bar

Yogurt or Hummus Lunch

**Monday, Feb 11th  
Early Release Day**

- 1) Corn Dog or
- 2) Bean Burrito

Butler Green Farms Lettuces  
Wild Blueberry Dressing

Yogurt or Hummus Lunch

**Tuesday, Feb 12th**

- 1) Crispy Baked  
Chicken Drumstick  
or
  - 2) Cheese Quesadilla
- Orange Wedges, Roasted Potatoes

Yogurt or Hummus Lunch

**Wednesday, Feb 13th**

- 1) Popcorn Chicken  
w/Orange Glaze or
  - 2) Baked Tofu  
w/Orange Teriyaki Glaze
- Rice, Pineapple, Edamame

Yogurt or Hummus Lunch

**Thursday, Feb 14th**

- 1) Pasta with  
Meat Sauce or
  - 2) Pasta w/ Marinara
- Corn, Garlic Toast

Yogurt or Hummus Lunch

Ice Cream with  
any Lunch today!

**Friday, Feb 15th**

- Brunch 4 Lunch**
- 1) French Toast  
Bacon and Eggs!
- Fruit Cup, Edamame

Yogurt or Hummus Lunch

## Winter Break

**Monday, Feb 25th  
Early Release Day**

- 1) Hamburger/  
Cheeseburger or
  - 2) Black Bean Burger
- Roasted Potatoes, Peaches

Yogurt or Hummus Lunch

**Tuesday, Feb 26th**

- 1) Teriyaki Chicken  
or
  - 2) Teriyaki Tofu
- Sushi Style Rice + Veggies  
+ Nori for Temaki!

Yogurt or Hummus Lunch

**Wednesday, Feb 27th**

- 1) Shirley's  
Macaroni and Cheese
- Crispy Baked Chicken  
Drumstick, Roasted Carrots

Yogurt or Hummus Lunch

**Thursday, Feb 28th**

- 1) Chicken Tenders  
or
  - 2) Vegan Nuggets
- Arugula with Oranges, Roll  
Cheddar Mashed Potatoes

Yogurt or Hummus Lunch

**Friday, March 1st**

- 1) Pepperoni Pizza  
or
  - 2) Cheese Pizza
- Banana  
Caesar Salad on Salad Bar

Yogurt or Hummus Lunch

Each \$3.25 lunch meal includes Entrée, Whole Grains, Milk and a trip through our Fresh Fruit and Vegetable bar.