

Commodore Elementary

February

2019

This institution is an equal opportunity provider

Friday, Feb 1st

K-6 Conferences
No School Today for K-6



Monday, Feb 4th
Early Release Day

- 1) Chicken Nuggets
 - 2) Vegan Nuggets
- Fresh Grapes, Rice
Roasted Carrots

Yogurt or Hummus Lunch

Tuesday, Feb 5th

- 1) Grilled Cheese
with Tomato Soup
- Orange Wedges
Tortilla Chips

Yogurt or Hummus Lunch

Wednesday, Feb 6th

- 1) Chicken Burger
or
 - 2) Vegan Burger
- Pears
Roasted Red Potatoes

Yogurt or Hummus Lunch

Thursday, Feb 7th

- 1) Teriyaki Chicken
or
 - 2) Teriyaki Tofu
- Sushi Style Rice + Veggies
+ Nori for Temaki!

Yogurt or Hummus Lunch

Friday, Feb 8th

- 1) Pepperoni Pizza
or
 - 2) Cheese Pizza
- Banana
Caesar Salad on Salad Bar

Yogurt or Hummus Lunch

Monday, Feb 11th
Early Release Day

- 1) Corn Dog or
- 2) Bean Burrito

*Butler Green Farms Lettuces
Wild Blueberry Dressing*

Yogurt or Hummus Lunch

Tuesday, Feb 12th

- 1) Crispy Baked
Chicken Drumstick
or
 - 2) Cheese Quesadilla
- Orange Wedges, Roasted Potatoes

Yogurt or Hummus Lunch

Wednesday, Feb 13th

- 1) Popcorn Chicken
w/Orange Glaze or
 - 2) Baked Tofu
w/Orange Teriyaki Glaze
- Rice, Pineapple, Edamame

Yogurt or Hummus Lunch

Thursday, Feb 14th

- 1) Pasta with
Meat Sauce or
 - 2) Pasta w/ Marinara
- Corn, Garlic Toast

Yogurt or Hummus Lunch

Ice Cream with
any Lunch today!

Friday, Feb 15th

- Brunch 4 Lunch**
- 1) French Toast
Bacon and Eggs!
- Fruit Cup, Edamame

Yogurt or Hummus Lunch

Winter Break

Monday, Feb 25th
Early Release Day

- 1) Hamburger/
Cheeseburger or
 - 2) Black Bean Burger
- Roasted Potatoes, Peaches

Yogurt or Hummus Lunch

Tuesday, Feb 26th

- 1) Teriyaki Chicken
or
 - 2) Teriyaki Tofu
- Sushi Style Rice + Veggies
+ Nori for Temaki!

Yogurt or Hummus Lunch

Wednesday, Feb 27th

- 1) Shirley's
Macaroni and Cheese
- Crispy Baked Chicken
Drumstick, Roasted Carrots

Yogurt or Hummus Lunch

Thursday, Feb 28th

- 1) Chicken Tenders
or
 - 2) Vegan Nuggets
- Arugula with Oranges, Roll
Cheddar Mashed Potatoes

Yogurt or Hummus Lunch

Friday, March 1st

- 1) Pepperoni Pizza
or
 - 2) Cheese Pizza
- Banana
Caesar Salad on Salad Bar

Yogurt or Hummus Lunch

Each \$3.25 lunch meal includes Entrée, Whole Grains, Milk and a trip through our Fresh Fruit and Vegetable bar.