

# December

2018

# Wilkes Elementary

this institution is an equal opportunity provider

<p><b>Monday, Dec 3rd</b> <b>Early Release Day</b></p> <p>1) Chicken Burger or 2) Vegan Burger</p> <p>Fresh Pear, Roasted Potatoes</p> <p>Yogurt or Hummus Lunch</p>	<p><b>Tuesday, Dec 4th</b></p> <p>1) Chicken Burrito w/Beans &amp; Cheese 2) Bean &amp; Cheese Burrito</p> <p>Peaches, Black Bean and Corn Salsa</p> <p>Yogurt or Hummus Lunch</p>	<p><b>Wednesday, Dec 5th</b></p> <p>1) Hamburger/ Cheeseburger or 2) Black Bean Burger</p> <p>Roasted Veggies Orange Wedges</p> <p>Yogurt or Hummus Lunch</p>	<p><b>Thursday, Dec 6th</b></p> <p>1) Hot Dog 3 Sister's Natural Beef or 2) Grilled Cheese</p> <p>Baked Beans, Kale Salad</p> <p>Yogurt or Hummus Lunch</p>	<p><b>Friday, Dec 7th</b></p> <p>1) Pepperoni Pizza or 2) Cheese Pizza Banana</p> <p>Caesar Salad on Salad Bar</p> <p>Yogurt or Hummus Lunch</p>
<p><b>Monday, Dec 10th</b> <b>Early Release Day</b></p> <p>1) Corn Dog or 2) Black Bean Burger</p> <p>Lettuces with Wild Blueberry Dressing</p> <p>Yogurt or Hummus Lunch</p>	<p><b>Tuesday, Dec 11th</b></p> <p>1) Beefy Nachos or 2) Cheesy Nachos</p> <p>Julie's Holiday Fruit Salad Refried Beans</p> <p>Yogurt or Hummus Lunch</p>	<p><b>Wednesday, Dec 12th</b></p> <p>1) Crispy Baked Chicken Drumstick or 2) Cheese Quesadilla</p> <p>Orange Wedges, Rice</p> <p>Yogurt or Hummus Lunch</p>	<p><b>Thursday, Dec 13th</b></p> <p>1) Turkey Gravy</p> <p>Mashed Potatoes Green Beans, Roll</p> <p>Yogurt or Hummus Lunch</p> <p>Homemade Pumpkin Cookie with Lunch!</p>	<p><b>Friday, Dec 14th</b></p> <p>Brunch 4 Lunch</p> <p>1) French Toast And Sausage!</p> <p>Fruit Cup, Edamame</p> <p>Yogurt or Hummus Lunch</p>
<p><b>Monday, Dec 17th</b> <b>Early Release Day</b></p> <p>1) Chicken Tenders or 2) Vegan Nuggets</p> <p>Roasted Potatoes, Green Peas</p> <p>Yogurt or Hummus Lunch</p>	<p><b>Tuesday, Dec 18th</b></p> <p>1) Pepperoni Pizza or 2) Cheese Pizza</p> <p>Peaches Caesar Salad on Salad Bar</p> <p>Yogurt or Hummus Lunch</p>			

Each \$3.25 lunch meal includes Entrée,  
Whole Grains, Milk and a trip through  
our Fresh Fruit and Vegetable bar.

