



## Activity Safety Guidelines Compliance Form

Student Name: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Activity/Sport//Event/Field Trip: \_\_\_\_\_

Beginning Sept 28 - Nov 30, 2020 - School outdoor facilities can be used for BHS Golf, Cross Country, Tennis and Track activities. **These activities will be permitted M-F from 3:30 p.m. - 7:00 pm and on Saturdays from 7 a.m. – 7 p.m. Each training session should be no longer than 60 minutes.**

All coaches and students must abide by school district and Department of Health guidelines. Coaches and athletes must have two forms completed prior to participating:

1. COVID Disclosure and Activity Participation Form (athletes need their parent's signature)
2. COVID-19 Screening Form (athletes need their parents signature as well as their own)

Mandatory Safety Guidelines expected of all participants, athletes, coaches, and parents/guardians are as follows:

### Face Coverings

- Outdoor Activities - Facemasks must be worn by coaches at all times. Students will be expected to wear facemasks while not participating in physical activities. Facemasks must be worn so that they cover the mouth and nose.

### Physical Distancing and "Pods"

- There must be a minimum distance of 6' between participants at all times.
- Workouts for each activity will be conducted in "pods" of students with the same 5 students day to day always working out together. This ensures more limited exposure if someone develops an infection.
- "Pods" need a safe distance of at least 30 feet from each other.
- Activities will be limited to coaches and students only. **Parents and guardians will not be permitted to gather and/or spectate.**
- Coaches will keep student-athletes in the same training "pods" (groupings) day to day throughout the season period.
- Coaches will be responsible to ensure that no equipment is shared during practices. Coaches will give time for students to sanitize hands throughout sessions.

### Outdoor Activities Only

- Locker rooms will be closed during this period.
- Fitness Center will be closed during the period.
- **No restroom facilities will be available.**
- Students are not allowed to congregate and should arrive on campus dressed for their activity.
- To minimize the opportunity for athletes to congregate during transition times, start and end times for groups will be staggered.

## Health Screening/Daily Check-in

- Coaches are responsible for the **daily sign-in and health check-in** of all athletes.
- Single Point of Entry
  - Track: enter the Stadium by the East entrance
  - Tennis: point of access between east tennis courts and parking lot
  - Golf and Cross Country: coaches will identify the single point of entry to be used each day.
- Temperature Check - All coaches and students must have their temperature checked daily. Anyone with a temperature greater than 100.3 F will not be allowed to participate and will be sent home. Jim Corsetti (Covid POC) or Amanda Sageser (Athletic Trainer) will be notified.
- Sign-in/Health Screening - All coaches and students will need to sign in, and confirm a daily health screening. A daily log will be used for contact tracing.
- If a student answers yes to any of the screening questions, they will not be allowed to participate. In this case Jim Corsetti (Covid POC) or Amanda Sageser must be notified.
- If a student's temperature is above 100.3° F, they will be sent home, and a phone call will be made to the parent/guardian. Jim Corsetti (Covid POC) or Amanda Sageser will be notified.
- If anyone experiences signs or symptoms of illness offsite, the parent guardian is expected to notify the school and/or coach, and Jim Corsetti (Covid POC) will also be notified.
- If a coach or student-athlete tests positive for Covid-19, we will follow guidance from Kitsap County Department of Health.

## Personal Hygiene

- Students will be required to bring their own equipment (including balls), water bottle (marked with name), towel, etc. to training each day and will not be allowed to share with other students.
- Students should clean their practice clothing and equipment after each use and wear clean clothes daily.
- All coaches and students will be asked to wash their hands or use hand sanitizer before and after the training session.
- Hand sanitizing stations will be available for on-campus activities, as well as hand sanitizer for on and off-campus activities.
- No food will be allowed during workouts.

## Postponement or Closure of Activity

- At any time the Bainbridge Island School District may postpone or cancel these activities due to safety concerns or other reasons.

These safety guidelines may periodically be updated. Failure to comply with any safety guidelines can result in immediate and/or permanent exclusion from these activities.

*I certify that I am the above-named student and have read and understand the foregoing, and agree to abide by the safety guidelines.*

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Signature Student

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Date

*I certify that I am a Parent/Legal Guardian of the above-named student and have read and understand the foregoing, and agree to abide by the safety guidelines.*

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Signature of Parent/Legal Guardian

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Date