



2020 Blakely Outdoor Education Medications and Health Concerns

Any questions or concerns about Food Allergies, Special Diets or Medication can be directed to the school nurse, Marci Collins, at (206) 780-2074 or mcollins@bisd303.org.

Food Allergies

- Kitchen is **NOT** peanut or tree nut “free”, but they do provide alternatives for peanut or tree nut products (or anything containing those items) at camp.
- Special Diet information will be forwarded to camp kitchen.

Medications

- **DUE Monday, May 4th**
- **ALL** student medications must be:
 - Labeled and in original packaging with only the amount needed during camp.
 - Need to have a “Medication at School” Form **complete with Health Care Provider signature and parent signature** for each medication. Parents are responsible for procuring these forms.
 - Turned in to the health room by **Monday, May 4th** (for special cases, please contact the nurse.)
- Medication Forms can be found on website: <http://bisd303.org/Page/3442>
- What is a medication?
 - **Over the Counter (OTC) Meds:** such as Vitamins, Cough drops, Ibuprofen, Tylenol, Dramamine, Benadryl, Allergy meds, herbal remedies or melatonin, etc.
 - **Prescription Medications** for ADHD, seizure disorders, inhalers, antibiotics, etc.
- If there is any way to avoid having your student take nonessential medications for the 2 ½ days that they are at camp, it would be greatly appreciated!!
- Medication and Medication at School forms already on file at school will be sent on the trip (no need to duplicate.)
- Parents/Adult Chaperones **DO NOT** need to complete the Medication Permission Form or turn in their medication to the school nurse.